

2022-2023 Flu Vaccines Recommendations

Persons 65 years and older

The Centers for Disease Control and Prevention (CDC) recommends that people 65 years and older should receive one the three preferred flu vaccines listed below.

- **Fluad Quadrivalent adjuvanted flu vaccine**
- **Flublock Quadrivalent recombinant flu vaccine**
- **Fluzone High-Dose Quadrivalent vaccine**

This recommendation was based on a review of available studies which suggests that, in this age group, these vaccines are potentially more effective than standard dose unadjuvanted flu vaccines. People over 65 years of age may have a compromised immune system and are at greater risk for severe illness, hospitalizations and death associated with seasonal flu.

West Windsor Health Department is partnering with Wegmans Pharmacy to offer several flu clinics during October and early November, 2022. The vaccine administered to residents over the age of 65 during these clinics will be **Fluad Quadrivalent adjuvanted flu vaccine**.

Residents over the age of 65 with a personal preference for one of the two alternate options should check with their primary care provider and local pharmacies for availability. While CDC recommends that those over 65 receive one of the three preferred vaccines, they do not indicate a preference for one over another.

Residents under the age of 65 will be administered the **Afluria quadrivalent flu vaccine**.

Additional information is available at: <https://www.cdc.gov/flu/prevent/adjuvant.htm>

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